



**EWTN**

Global Catholic  
Network



# ***NINE MONTHS OF PRAYER***

Praying for a Baby, a Mother, a Family

# NINE MONTHS OF PRAYER



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# NINE MONTHS OF PRAYER

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## Introduction

**“Every human life, from the moment of conception until death, is sacred because the human person has been willed for its own sake in the image and likeness of the living and holy God.”**

*– Catechism of the Catholic Church (paragraph 2319)*

As Christians, we are called to protect and defend life because every person is made in the image and likeness of God. Every child, every adult, everybody is created and loved by God and worthy of life from the moment of their conception.

One way we can defend life is by praying for the unborn, as well as for their mothers and fathers. We can pray that their mothers choose life. We can pray that these children are raised in loving, stable homes. We can pray that these families are strengthened and, mostly, that they know the love of God.

In the 1970s, Venerable Fulton J. Sheen asked that Christians pray and “spiritually adopt” a baby for nine months. Likewise, we hope you will use this booklet to pray over the course of nine months for a baby and the baby’s family.

This prayer guide includes prayers from Pope St. John Paul II, St. Teresa of Calcutta, and EWTN’s Foundress, Mother Angelica (1923-2016). Each day, you can pray one or two of these short prayers or every prayer in the booklet.

**May the Lord bless you, and may He bless all His children, both born and unborn.**



# NINE MONTHS OF PRAYER

## Pray for a Baby

Starting today, ,  
*(today's date)*

I will pray for an unborn baby for nine months.

While I know the mother will name the child,  
I will call this baby .

**May the Lord bless this precious life,  
the mother, the father, and the family.**



## Prayer and Pro-life Resources

Devotions

EWTN Pro-Life Weekly

EWTN Daily Mass

Prayer Requests

EWTN Programs



## Mother Angelica's Prayer for Women Who Are Considering Abortion

Lord God, we ask for something that only You can give. We know this woman's great pain, uncertainty, shame, humiliation, and fear. I ask that You touch her, Lord, and let the child within her grow, come to light, and one day see You face to face.

Take away her fears. Take away everything that makes her uncertain. And Lord, I ask You to heal the relationship between family members who have so much tension ... and confusion.

**Lord, we put this wonderful family in Your hands and ask You to heal them, that we may present a child one day to the world. We ask Mary our Mother to pray with them and bless them. Amen.**



## Pope St. John Paul II's Prayer for Life

O Mary, bright dawn of the new world, Mother of the living, to you do we entrust the cause of life:

Look down, O Mother, upon the vast numbers of babies not allowed to be born, of the poor whose lives are made difficult, of men and women who are victims of brutal violence, of the elderly and the sick killed by indifference or out of misguided mercy.

**Grant that all who believe in your Son may proclaim the Gospel of life with honesty and love to the people of our time.**

Obtain for them the grace to accept that Gospel as a gift ever new, the joy of celebrating it with gratitude throughout their lives, and the courage to bear witness to it resolutely, in order to build, together with all people of good will, the civilization of truth and love, to the praise and glory of God, the Creator and lover of life. Amen.



# NINE MONTHS OF PRAYER

## Prayer for Babies in Their Mother's Womb

O God of all creation, nurture and protect tiny children and keep them safe in the sanctuary of their mother's womb.

As You so wondrously form their hearts and minds and lungs and souls, so strengthen our will to lovingly nurture and protect them.

**Give us the eyes to see them as our brothers and sisters, the minds to welcome them as our own, and the faith to defend them as Your children.**

We ask this through the intercession of Mary, our Blessed Mother, and the mother of all the little ones, through Christ, Your Son, Our Lord. Amen.

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## Prayer for Babies Just Before Birth

Heavenly Father, from the moment these children were conceived, You knew their names.

In the silent first hours of their lives, as cells divided and their living flesh quickened, Your love breathed deep within and they began to grow in Your image and likeness.

May our prayers be accompanied by choirs of angels as we await their births.

**We ask this through Your Child Who was formed in the Virgin's womb and Who lived and died for us, Lord, forever and ever. Amen.**



## Blessing of Parents Before the Birth of Their Child

Gracious Father,

Your Word, spoken in love, created the human family and, in the fullness of time, Your Son, conceived in love, restored it to Your friendship.

**Hear the prayers of parents awaiting the birth of a child; calm their fears when they are anxious.**

Watch over and support these parents and bring their child into this world safely and in good health, so that as members of Your family, they may praise You and glorify You through Your Son, Our Lord Jesus Christ, now and forever. Amen.

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## Blessing of a Mother Before Childbirth

God has brought gladness and light to the world through the Virgin Mary's delivery of her Child.

**May Christ fill your heart with His holy joy and keep you and your baby safe from harm.**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.



### St. Teresa of Calcutta's Prayer for the Family

Heavenly Father, You have given us a model of life in the Holy Family of Nazareth. Help us, O Loving Father, to make our family another Nazareth where love, peace, and joy reign. May it be deeply contemplative, intensely Eucharistic, and vibrant with joy. Help us to stay together in joy and sorrow through family prayer. Teach us to see Jesus in the members of our family, especially in their distressing disguise. **May the Eucharistic Heart of Jesus make our hearts meek and humble like His, and help us to carry out our family duties in a holy way.**

May we love one another as God loves each one of us, more and more each day, and forgive each others' faults, as You forgive our sins. Help us, O Loving Father, to take whatever You give and to give whatever You take with a big smile. Help us, O Holy Father, to make our families one heart, full of love, in the Heart of Jesus through Mary. Immaculate Heart of Mary, cause of our joy, pray for us. St. Joseph, pray for us. Holy Guardian Angels, be always with us, guide, and protect us. Amen.



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## About Us

Founded more than 43 years ago by a Poor Clare of Perpetual Adoration (PCPA), Mother Mary Angelica of the Annunciation, EWTN is the largest religious media network in the world. EWTN's 11 global TV channels are broadcast in multiple languages 24 hours a day, seven days a week to over 435 million television households in more than 160 countries and territories. EWTN platforms also include radio services transmitted through SIRIUS/XM, iHeart Radio, and over 600 domestic and international AM & FM radio affiliates; a worldwide shortwave radio service; one of the largest Catholic websites in the U.S. and second only to the Vatican worldwide; electronic and print news services, including Catholic News Agency, *National Catholic Register* newspaper, and several global news wire services; as well as EWTN Publishing, its book publishing division.

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